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**Workshop : Extra Sensory Perceptions**

Published by [laoladmin](#) on 2008/10/6

I wish to share my experience of the ESP workshop with Dr. Neeta Yuvraj. It is as follows, I always thought one needs to be gifted with exceptional qualities to be a clairvoyant. Also I had the myth that one needs to do 'purification' or 'siddhis' or 'tapasya' to achieve a clairvoyant state. So I went to the workshop with a lot of doubts but also excitement.

As the workshop progressed I was made to realise my own blocks to my ESP powers. They were healed and I could visualize auras in the practice sessions. I was amazed at the ease with which Neeta gently made us see, believe, trust, and enjoy what we saw and felt. By evening we all could see the auras and its colours. The highlight of the workshop is its simplicity and if I may say ABSURDLY SIMPLE, which has been the hallmark of all the workshops I have attended with Neeta. Do keep up the good work, Neeta. I was lucky to start 'feeling' the chakras too as a bonus for being open to the concept of ESP and all this happened in ONE day! Now that speaks volumes for the facilitator as well as the information provided. I have been using this information as an adjunct in my medical practice as well as therapies with good results. I recommend this workshop to all people in the healing, medical, paramedical or any area where one is involved in improving the quality of life for self & others. Love n light, **Dr. Yogesh R. Vasandi**