

My mother suffered from pangs of loneliness and was complaining of
Workshop : Discover Ongoing Thoughts
Published by Anonymous on 2008/9/29

"My mother suffered from pangs of loneliness and was complaining of disabling pain in her right shin and calf muscles. She also had severe arthritis of the knee. The essence of the emotions behind her pain was the inability to accept the changes in her life after her children, especially her son got married. With the entry of the daughter-in-law her son's behaviour had changed which she couldn't cope with. While I was at IAOL (International Academy of Life) center, I heard them discussing about the right and left knee chakras and their connection with the resistance to change and pursuing the change respectively. Being an Integrated Therapist and a homeopath I have seen the merits and power of positive affirmation. I formulated a suggestion for my mother as follows, "I lovingly accept the changes in my life and I continue to walk on this road of change willingly." Next morning her right knee, shin and calf pain was 80% better! She also told me that she had spent half the night chanting the affirmation.

Additionally, she also told me she was feeling a little different and asked me to check her blood sugar level (she's a diabetic). Miraculously her blood sugar levels had dropped to 144 which had never happened before. In spite of previous aggressive medical treatment her blood sugar levels were always above 260 and now suddenly it had come down to 144. This amazing change continues and her blood sugar levels are static at 140-144 and her pain is down to merely 10%. And all this because of understanding the minor chakras and using the power of affirmations." - **Dr. Yogesh Vasandi. Homeopath and Integrated Therapist.**