

***My daughter's hair used to fall out in bunches and*  
**Workshop : Discover Ongoing Thoughts**  
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My daughter's hair used to fall out in bunches and she feared she would soon go bald. She also had a dandruff problem too which would temporarily subside with medicines. I did the Radical Healing workshop with Dr. Neeta Yuvraj and took an affirmation from her for my daughter. The affirmation had to do with changes in her defense mechanisms. My daughter repeated the affirmation at least 15 times daily for a period of 10 days and her hair fall has come down to a normal level (few strands while combing). Her dandruff too has reduced considerably and that too without any medicines. . -

**Ms. Smita Nayak Banker**